

**REGULAR MEETING
BOARD OF DIRECTORS
BEACH CITIES HEALTH DISTRICT
April 24th, 2019**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health District at 6:33 p.m.

Members Present: Jane Diehl
Vanessa Poster
Vish Chatterji
Dr. Noel Chun
Dr. Michelle Bholat

Members Not Present:

Legal Counsel Present: Robert Lundy, Hooper, Lundy & Bookman
Staff Present: Tom Bakaly, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
I. Call to Order-Salute to the Flag	Ms. Poster opened the meeting and lea the flag salute.	
II. Public Discussion	Ms. Poster asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped up.	
Mental Health Awareness Week & Youth Recognition.	Ms. Ali Steward stepped up to the podium and highlighted the following: <ul style="list-style-type: none"> • Last year you let Beach Cities students into being members of the advisory committee Ms. Claire Haddad stepped up to the podium and highlighted the following: <ul style="list-style-type: none"> • Brought the idea of a summer work group and a substance abuse campaign • Presented to school administration • Decided to put the week of the 12th – the 16th of September • Week consisted of a drum circle, yoga, local resource fair and an art exhibit. Mr. Izzy Stein, Ms. Amanda Costley and Ms. Ella Scalabrini stepped up to the podium and highlighted the following:	

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	<ul style="list-style-type: none"> • Did a work group about what big issue adults are not addressing that students have • Wanted Mental Health to be pushed. • Put on Costachella event • Passed out wristbands to promote Mental Health Awareness Week • Had a film contest and art show and had 10 pieces • Thank you to BCHD for all the support <p>Winning film was shown to the Board.</p> <p>Mr. Bryce Baldrige highlighted the following:</p> <ul style="list-style-type: none"> • Joined Finance Committee and had opportunity to see inner working of them and decision making process • Felt extremely welcomed the first meeting and could contribute as a student advisor • It was important to see this as it gave me a real world example <p>Ms. Poster thanked the students. Glad was able to provide them with the opportunities they were given.</p> <p>Ms. Ali Steward thanked the students for all of their hard work.</p>	
<p>Mental Health Awareness Proclamation</p>	<p>Ms. Ali Steward highlighted the following:</p> <ul style="list-style-type: none"> • May is mental health awareness month. We received a \$5,000 grant for this and we will be doing workshops in the beach cities about mental health awareness. • Tough act to follow from what the students started <p>Ms. Poster read the Proclamation.</p>	
<p>Beach Cities Health District Staff Recognition</p> <p>Aiden Acuff (5 Years)</p>	<p>Ms. Cindy Foster highlighted the following:</p> <ul style="list-style-type: none"> • Honor Aiden Accuff a brilliant personal trainer • Not able to be here as he is training a small group right now 	

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<p>Joy Schmidt (10 Years)</p>	<ul style="list-style-type: none"> • Has a master’s degree in exercise science • He is a hard worker and averages 40 hours a week and is a trivia buff • A Great contributor to CHF and is a great team player. <p>Ms. Poster stated he is also her father’s personal trainer</p> <p>Ms. Melissa Andrizzi-Sobel highlighted the following:</p> <ul style="list-style-type: none"> • Joy is integral part of the team • She is a strong support and supervisor to interns • Has empathy and compassionate heart • Pleased to be receiving calls, and notes expressing their gratitude for her work <p>Ms. Joy Schmidt highlighted the following:</p> <ul style="list-style-type: none"> • Honored to work here at BCHD • This is the right place for me and encourage others to be as healthy as possible • Thanks you to everyone 	
<p>III. CEO Report</p> <p>A. Chief Executive Officer</p>	<p>Ms. Poster Invited Mr. Tom Bakaly, Chief Executive Officer, to address the Board of Directors</p> <p>Mr. Bakaly referred the Board to the written report.</p> <p>Mr. Bakaly highlighted the following:</p> <ul style="list-style-type: none"> • Thanked Joy and Aiden for their years of service. • Administrative professionals day and wanted to thank Charlie for his work. • Jacqueline Sun and I recently participated in ACHD’s Legislative Days up in Sacramento and met with Legislators and staff regarding legislation impacting health districts. • Since Youth Services first convened the Student Mental Health Provider Task Force in February 2018, there have been 44 new community health providers added to the bchd.org/resources 	

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	<p>webpage. The Mental Health Provider Task Force has also grown to more than 140 local providers.</p> <ul style="list-style-type: none"> • Community Services partnered with the Joslyn Center in Manhattan Beach to present an overview of what Community Services offers for care management and dementia support at their monthly Dine N' Discover. • Community Services was also acknowledged for our work with the local first responders and the support we provide to our isolated care management clients at the 3rd Annual Social Isolation and Loneliness Impact Summit in Woodland Hills. • CHF will host our annual Spirit of Wellness event on Tuesday, April 30 at the Crowne Plaza Hotel. We will be honoring members, volunteers and staff who have inspirational stories to share. • Beach Cities Health District was one of eight organizations that received national recognition as a Psychologically Healthy Workplace from the American Psychological Association (APA). • To honor our volunteers for National Volunteer Appreciation Week, volunteer services held the annual Volunteer Recognition Brunch on April 13. This year's event had a space theme. 	
<p>IV. Program and Staff Reports</p> <p>A. Presentation: Communications Update</p>	<p>Mr. Tom Bakaly invited Ms. Cristan Higa, Chief Marketing and Communications Officer up to the podium.</p> <p>Ms. Higa highlighted the following:</p> <ul style="list-style-type: none"> • Health promotions and communications goals <ul style="list-style-type: none"> ○ Create awareness and understanding ○ Promote health and well-being ○ Engage residents and create action • What do we do? <ul style="list-style-type: none"> ○ Brand management ○ Public relations 	

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	<ul style="list-style-type: none"> ○ Community outreach ○ Website content ○ Social media ○ And many more ● Supporting BCHD Programs, Services and Faculties <ul style="list-style-type: none"> ○ Nutrition and exercise ○ Social emotional health/substance use ● We have gone to over 450+ events this past year ● We have 4 main newsletter (Aplex CHF, BCD and Volunteer) ● Rolled HLC to our BCHD newsletter ● www.BCHD.org is our website and we won an award for it ● Top pages include: Homepage, Free Fitness, BZP, Current opportunities and volunteers ● Working on the Snapshot earlier in the year and we are currently working on a Healthy Living Campus Livewell for June 2019 ● Community Outreach <ul style="list-style-type: none"> ○ Since May 2017 we have held more than 60 meetings drawing more than 1,000 comments ○ Community working group meetings ○ Community open houses ○ Board study sessions ○ Community Study Circles ○ Community Organizations Meetings ○ Livewell and Annual Report ○ New website – bchdcampus.org ● Words to describe BCHD that came from the strategic development half-day: Welcoming, Trusted, evidence-based, encompassing, Vibrant ● EIR Process timeline includes: Scoping, beginning EIR preparation, Release Draft EIR Public Review of Draft EIR, respond to comments on Draft EIR, Prepare final EIR and Certify Final EIR ● We are required by CEQA to post notices on and off site where project is to be located. <p>Mr. Chatterji asked to speak more on Facebook, emails, social media and its engagement to which Ms. Higa stated that she</p>	

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	believes in a multi-channel approach as we cannot reach everyone in one way. Our strength has been in our email list as we've gone from a few thousand emails in 2010 to more than 35,000 emails. Not only way as we post free listing to newspapers, to city newsletters and to the chambers. Biggest growth of opportunity is our Social Media.	
B. Legal Council	Mr. Lundy stated that there was nothing to report.	
V. Activity Break/Mindfulness	Mr. Vish Chatterji, Board Member led the group in a mindfulness activity break.	
VIII. Committee Reports		
A. Community Health Committee	Dr. Bholat reported that the Community Health Committee has not met. The Chairs will be polled for a meeting next quarter.	
B. Finance Committee/ Treasurer's Report	Mr. Chatterji reported that the Finance Committee has not met. The next meeting is scheduled for Monday, April 29 th , 2019 at 6pm at 1200 Del Amo	
C. Policy Committee	Ms. Poster reported that the Policy Committee has not met. The chairs will be polled for a meeting next quarter.	
D. Properties Committee	<p>Dr. Chun reported that the Properties Committee met on Thursday, April 11th, 2019 at 4pm at 1200 Del Amo St. The following items were on the agenda:</p> <ul style="list-style-type: none"> • Update on the Environmental Impact Report (EIR) Process <ul style="list-style-type: none"> ○ Request for Qualifications for EIR Consultant ○ Potential Memorandum Of Understanding (MOU) with the City of Redondo Beach ○ Why BCHD and Healthy Living Campus Project Matters • Update on Land Appraisal • Update on Market Study • Update on Prevailing Wage 	

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<p>A. <u>discussion and potential action item:</u> Direct staff to initiate Environmental Impact Report (EIR) process using the 15 year conceptual master plan as the basis of the Healthy Living Campus project description located at 514 N. Prospect Ave, Redondo Beach</p>	<ul style="list-style-type: none"> • Update on Financial Issues and Board Request Items • Discussion and Potential Action Item: Direct staff to initiate Environmental Impact Report (EIR) Process using the 15 year conceptual master plan as the basis of the Healthy Living Campus project description <p>The committee moved and approved for staff to move forward with recommending Environmental Impact Report (EIR) process using the 15 year conceptual master plan as the basis of the Healthy Living Campus project description</p> <p>Mr. Bakaly Highlighted the following:</p> <ul style="list-style-type: none"> • The committee moved and approved for staff to move forward with recommending Environmental Impact Report (EIR) process • Project Pillars include: Health, Livability and Community • Market Study was updated in 2018 and we plan on continuing to update it as we go along. • We talked about demographic information that's in your packet • Where do we go from here? We will start to package this information and start talking to potential partners and investors. <p>Mr. Ed Almanza highlighted the following:</p> <ul style="list-style-type: none"> • You are leading the EIR process and it has several steps. • Here and many steps and it alternates ad there is interaction with the public • Going to public for input • Participation of a member of the public (CWG) and a city representative on EIR consultant selection committee • Draft EIR Presentation and Review <ul style="list-style-type: none"> ○ Presentation of Draft EIR findings to City Planning Commission during Draft EIR public review period ○ Extension of standard 45-day public review period to 60 days 	

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	<ul style="list-style-type: none"> ○ Public workshop during public review period to allow informal public interaction with EIR technical team ○ Confer with City Staff to discuss City comments on Draft EIR ● Final EIR Preparation <ul style="list-style-type: none"> ○ Collaboration with City Staff during preparation of mitigation and monitoring reporting program and compilation of Final EIR <p>Mr. Chatterji asked what if we do EIR during each phase to which Mr. Almanza stated that doing this we would have to do multiple EIRs. Each time we would have to start the process again. Advantage of doing full vote, we would be looking at all of the impacts. We do not want to make the impacts look smaller by doing multiple ones.</p> <p>Geoff Gilbert stated that the Healthy Living Campus' primary use is the assisted living complex. The number of people it's supposed to house has never been disclosed. BCHD's focus is for this to be a revenue generating for-profit business. Find it disingenuous talking about how this is for the community. You are now focusing this for people who cannot afford to live there. You show that 5.3% of the residents live below the poverty level. 50% of people in Redondo Beach rent. It says that 38% of people in BCHD have burden pains paying their mortgages and pay over 30% of their incomes to that. Have not heard how much is going to be devoted for those who cannot afford to live in these facilities.</p> <p>It was motioned and seconded to Direct staff to initiate Environmental Impact Report (EIR) process using the 15 year conceptual master plan as the basis of the Healthy Living Campus project description located at 514 N. Prospect Ave, Redondo Beach</p> <p>Mr. Chatterji asked about the concerns that were raised during the committee discussion. Dr. Chun stated that they had a thorough going through but no outstanding concerns Ms. Diehl stated that the relationship with EIR and City of</p>	

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	<p>Redondo Beach and they will become active part of EIR along with us. We will pass everything by them.</p> <p>Ms. Poster stated that she spoke with Mr. Almanza about the mitigations and how we address those.</p> <p>Dr. Chun stated that as the lead agency we would be everything that the city would be doing so it would be a big benefit for them.</p> <p>Mr. Bakaly stated that the Community Working Group talked about tradeoffs. One way was generate revenue by providing services. We are having discussions with state of California.</p> <p>Dr. Bholat thinks it will be useful for us to see the financial modeling. For many people it's abstract about charges. It would be useful to do financial modeling to show use what the break-even points are. Who will be housed needs to be expressed more clearly.</p>	<p>It was Moved and Seconded (Chun/Diehl) to approve Directing staff to initiate Environmental Impact Report (EIR) process using the 15 year conceptual master plan as the basis of the Healthy Living Campus project description located at 514 N. Prospect Ave, Redondo Beach Ms. Diehl, Ms. Poster, Dr. Chun, Mr. Chatterji and Dr. Bholat voted yes. Motion Carried</p>
<p>E. Ad-Hoc Mind Health Committee</p>	<p>Dr. Chun reported that The Ad-Hoc Mind Health Committee has not met. In contact electronically. Sent out an IRB (Institutional Review Board) packet out and expect to hear feedback within the week.</p>	
<p>F. Strategic Planning Committee</p>	<p>Ms. Poster reported that The Strategic Planning Committee met on Tuesday, April 2nd, 2019 at 6pm at 1200 Del Amo st. The following items were on the agenda:</p>	

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	<ul style="list-style-type: none"> • <u>Presentation:</u> Community Health Report • Healthy Living Campus Update <ul style="list-style-type: none"> ○ Innovations: Programs and Services • <u>Discussion Item:</u> Discuss Content and Date for Next Strategic Planning Development Half-Day <ul style="list-style-type: none"> • Date Options: June 14, 2019 or June 21, 2019 • Team Building • FY 19/20 Health Priorities • Successes and Accomplishments • Six-Month Work Plan (July-Dec, 2019) • Mindfulness Activity • Review of BCHD Mission and Vision <ul style="list-style-type: none"> ○ Group Breakout Sessions 	
<p>VIII. Consent Items</p> <ol style="list-style-type: none"> 1. Discussion and potential action item: Approval of minutes of the March 27th, 2019 Regular Meeting 2. Discussion and potential action item: Approve checks No. 72589 through 72757 totaling \$642,102.27 for accounts payable for the month of March 2019 3. Discussion and Potential Action Item: Approval of the Minutes of the March 27th, 2019 Special 	<p>The Board reviewed the Consent items.</p> <p>Ms. Poster asked for a motion to approve the minutes of the March 27th, 2019 Regular Meeting, checks No. 72589 through 72757 totaling \$642,102.27 for accounts payable for the month of March 2019 and approve the minutes of the March 27th, 2019 special board meeting – study session.</p>	<p>It was Moved and Seconded (Chun/Bholat) to approve the minutes of the March 27th, 2019 Regular Meeting, checks No. 72589 through 72757 totaling \$642,102.27 for accounts payable for the month of March 2019 and approve the minutes of the March 27th, 2019 special board meeting – study session.</p> <p>Ms. Diehl, Ms. Poster, Dr. Chun, Mr. Chatterji and Dr. Bholat voted yes.</p> <p>Motion Carried</p>

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Board Meeting – Study Session		
IX. Old Business	There was no old business.	
X. New Business	There was no New Business.	
XI. Board Member Reports	<p>Mr. Chatterji reported that he attended:</p> <ul style="list-style-type: none"> • 1:1 with Tom • State of the city in RB • Volunteer Brunch • Conference on Mental Health this weekend. <p>Ms. Poster reported that she attended:</p> <ul style="list-style-type: none"> • 1:1 with Tom • Volunteer Brunch • Strategic Planning Committee • SB Gala • Youth Summit at Stanford • Gala for hydrocephalies <p>Dr. Bholat reported that she attended</p> <ul style="list-style-type: none"> • 1:1 with Tom • Working with American Heart Association with BZP Principles • ACHD Board meeting <p>Ms. Diehl reported that she attended:</p> <ul style="list-style-type: none"> • RB Round Table • 1:1 with Tom • Properties Meeting • Volunteer Brunch • Medical Center Gala • Youth Health Presentation with Stanford • Wellness dinner <p>Dr. Chun reported that he attended:</p> <ul style="list-style-type: none"> • 1:1 with Tom • Met with Health Dept. of LA • Youth Mental Health Conference with reps from Stanford • Finance Committee 	
XII. Announcements/ Questions and Referrals to Staff	There were no announcements/questions and referrals to staff	

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XIII. Adjournment	Ms. Poster adjourned the meeting.	There being no further business, Ms. Poster Moved to adjourn the meeting. Meeting adjourned at 8:17 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, May 22nd, 2019 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health District, located at 514 N. Prospect Avenue, Redondo Beach, California

DRAFT