

## **SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION**

The Governing Board **desires to provide a well-planned, integrated sequence of medically** ~~recognizes that~~ **accurate and inclusive instruction on comprehensive sexual health and human immunodeficiency virus (HIV) prevention. The District's educational program shall provide students with the knowledge and skills necessary to protect them from sexually transmitted infections and unintended pregnancy and to have healthy, positive, and safe relationships and behaviors. The district's educational program shall promote understanding of sexuality as a normal part of human development and the development of healthy attitudes and behaviors concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.** ~~information about family life and human sexuality may contribute to a decreased risk for sexually transmitted diseases or unintended pregnancies. The Board also recognizes that Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS) pose a public health crisis and that education is a necessary component for helping to slow the spread of this disease. The Board therefore desires to provide a well-planned sequence of instruction on comprehensive sexual health and HIV/AIDS prevention.~~

**Comprehensive sexual health education and HIV prevention education shall be offered to all students in grades 7-12, including at least once in junior high or middle school and at least once in high school.**

The district's curriculum shall **support the purposes of the California Healthy Youth Act as specified in Education Code 51930-51939, be unbiased and inclusive of all students in the classroom, and be aligned with the state's content standards.** ~~be based on medically accurate and factual information and shall help students understand the biological, psychological, social, moral, and ethical aspects of human sexuality. The district's program shall comply with the requirements of law and administrative regulation and~~ shall respect the rights of parents/guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children.

The Superintendent or designee may appoint a coordinator and an advisory committee regarding the district's comprehensive sexual health **and HIV prevention curriculum program.** This advisory committee **shall** ~~will~~ represent a divergence of viewpoints and may participate in planning, implementing, and evaluating the district's ~~comprehensive sexual health education~~ program. ~~The Board shall consider the advisory committee's recommendations when approving the district's program.~~

Parent/Guardian **Consent Notification and Excuse**

~~Annually, At the beginning of each school year, or at the time of a student's enrollment,~~ parents/guardians shall be notified, **in a manner specified in the accompanying Administrative Regulation**, about instruction in comprehensive sexual health education and HIV/AIDS prevention education, as well as research on student health behaviors and risks, planned for the coming year. ~~The notice shall advise parents/guardians:~~

- ~~1. That written and audiovisual educational materials to be used in comprehensive sexual health and HIV/AIDS prevention education are available for inspection;~~
- ~~2. That they parents/guardians may request in writing that their child be excused from participating in not receive comprehensive sexual health or HIV/AIDS prevention education. ;~~
- ~~3. That parents/guardians have a right to request a copy of Education Code 51930-51938; and~~
- ~~4. Whether the comprehensive sexual health or HIV/AIDS prevention education will be taught by district personnel or outside consultants.~~

~~If the district chooses to use outside consultants or to hold an assembly with guest speakers to teach the comprehensive sexual health or HIV/AIDS prevention education, the notification shall include:~~

- ~~a. The date of the instruction;~~
- ~~b. The name of the organization or affiliation of each guest speaker; and~~
- ~~c. Information stating the right of the parent/guardian to request a copy of Education Code 51933-51934.~~

~~If the arrangements for instruction by outside consultants or guest speakers are made after the beginning of the school year, the district shall notify parents/guardians by mail or another commonly used method of notification which ensures that all parents receive notification no fewer than 14 days before the instruction is given.~~

~~The district may administer to students in grades 7-12 anonymous, voluntary, and confidential research and evaluation instruments, including tests and surveys, containing age-appropriate questions about their attitudes or practices relating to sex. Prior to administering such a research and evaluation instrument, parents/guardians shall be provided written notice of the administration.~~

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~~Parents/guardians shall be given an opportunity to review the research instrument and to request in writing that their child not participate.~~

~~Parents/guardians shall be asked to sign and return to the school an acknowledgment that they have received the notification.~~

~~Upon written request, a parent/guardian may excuse his/her child from participating in comprehensive sexual health or HIV/AIDS prevention education or from participating in questionnaires or surveys regarding health behaviors and risks.~~

Students so excused by their parents/guardians shall be given an alternative educational activity.

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive the instruction.

Revised:

Revised: September 10, 2008  
Adopted: September 1978

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